

CONSULTATION REQUEST FORM

Please print, fill out, and scan inquiry and submit to sach@genquestnutrition.com or call Dr. St. Jeor directly at 775 250-2303 (cell). If unavailable, please message with best time for her to return your call.
(You can also mail this form to: Dr. Sachiko St. Jeor, 60 Hawken Road, Reno, NV, 89519)

Your Name: _____ Credentials: _____

Address: _____ Phone: _____

Your Title: _____

Institution or Affiliation: _____

Location: _____

Purpose: _____

Audience: _____ # Expected Attendees? _____

Special Activities Requested? _____

Type of Activities and Seminars Offered:

(See curriculum vitae in the faculty section of our website- www.genquestnutrition.com)

Based on Dr. St. Jeor's experience and reputation in the field, she is willing to tailor any presentation to the audience and purpose. She has had many speaking invitations for mentoring, career enhancement, research methods, development and applications, nutrition assessment, clinical applications in weight management, interdisciplinary collaborations, project development and innovative program enhancements, medical nutrition education, and motivational career development for commencement programs. More recent emphasis has been on workshop offerings on individualizing nutrition assessment beyond the Mifflin St. Jeor Equation, with emphasis on weight maintenance and energy balance, introducing a new paradigm and enhancing practice and opportunities for all health professionals.

Examples include: Visiting 1-2 day Professorships at Medical Institutions, AND local, regional and national presentations, visiting lectureships for Dietetic Internship and Graduate Nutrition Programs, Mentoring for Program Development and Career Planning, Innovative Methods for Medical Nutrition Methods in Medical Schools, DI Commencement Lectures, Chair of Panels at National Meetings for FNCE, ASN, SBM, TOS. More recently, her focus has been on individualizing nutrition assessment beyond the MSJE and improving the estimation of TEE and interventions for sustained weight maintenance. Workshops can include faculty associated with St. Jeor Nutrition Associates of GenQuest Nutrition Solutions. Innovative programming with faculty/sponsors on site or incorporated into presentations by telecommunications (Zoom) are possible.

Cost: NEGOTIABLE. Please suggest what you can budget (including all expenses):

\$ _____ One X 1 hr lecture plus ½ day faculty consultation.

\$ _____ Two X 1 hr lecture plus 1 full day faculty consultation

\$ _____ Commencement Lecture or Special Request (describe) _____

\$ _____ One Day Workshop on site (with 2-4 other faculty invitees) on Improving Energy Balance, etc.

\$ _____ Other (please describe) _____
